

PRAISE FOR *MARY MAGDALENE BECKONS* . . .

“We can feel Mary’s energy leaping off the pages of this book. Her words here are part of a pure transmission of Mary’s teaching that is now being restored to the world. If you want to hear the real voice of Mary Magdalene, buy this book.”

—Stuart Wilson and Joanna Prentis, authors of
Power of the Magdalene, The Essenes, and The Magdalene Version

“*Mary Magdalene Beckons* brings forth perennial wisdom teachings of the Sacred Feminine in conscious partnership with the Sacred Masculine, through the love story of Mary Magdalene and Jesus Christ. The philosophy of loving connectedness between all things is at the heart of original Christianity and is brought forth once again through Mercedes Kirkel’s articulated connection with Mary Magdalene. Many are searching for the characteristics of Mary Magdalene that will be useful for us as we build a better world together. Mercedes gives us an intelligent and ‘feelingful’ Magdalene who can guide us through transformative processes into greater light and deeper love.”

—Joan Norton, author of *The Mary Magdalene Within* and
(with Margaret Starbird) *14 Steps to Awaken the Sacred Feminine*

“*Mary Magdalene Beckons* is a beautiful book of inspirational teachings. The duo formed by a spiritual being and an experienced spiritual practitioner gives the teachings a very practical slant. The perspective offered in this book will help many to understand and to fully participate in the shift of consciousness.”

—Sophie Rose, author of channeled course
The Way of the Heart, Teachings of Jeshua and Mary Magdalene

“Mercedes Kirkel has eloquently recorded and explained a very important set of messages in *Mary Magdalene Beckons*. After each

message from Mary, Mercedes shares her own insights, allowing the reader to build a bridge between spirit beings and human beings on Earth. I recommend *Mary Magdalene Beckons* to help us understand the hows and whys of our common predicament as human beings seeking to end the illusion of separation from God and to free ourselves and return to love.”

—Sal Rachele, author of *Earth Awakens* and *Earth Changes and 2012*

“Mercedes Kirkel’s straightforward receptivity to and wise commentary on Mary Magdalene’s revelations are sure to be of tremendous help to many people who are ready to integrate the Divine Feminine in their hearts, souls, and lives. If these teachings are right for you, they will help you transform your relationship to elements of life that you might have considered ‘unspiritual’—such as pain, difficult feelings, and the whole realm of sexuality. And through that transformation, you’ll come closer both to God and your own freedom, wholeness, and intrinsic joy.”

—Saniel Bonder, author of *Healing the Spirit/Matter Split, While Jesus Weeps, and Ultimaya 1.0*

“In this book, Mercedes Kirkel channels Mary Magdalene and expounds on Mary’s keen wisdom. I especially like Mary’s invitation to open our hearts to pain and to understand our deeper Feminine Divine nature. I highly recommend this reading for anyone who wants to understand the Feminine Divine within him- or herself.”

—Marcia McMahon, author of *With Love from Diana, Queen of Hearts*

“In *Mary Magdalene Beckons*, Mercedes Kirkel shares valuable practical insights on how we can live our best life where the rubber meets the road. This book takes us on a colorful and thought-provoking journey.”

—Rev. Brendalyn Batchelor, minister, Unity Santa Fe

MARY MAGDALENE
BECKONS

Join the River of Love



Mercedes Kirkel

FOREWORD BY FLO AVEVIA MAGDALENA



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*To all beings everywhere
who are reaching for light and love,
and to all those who help us.*

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PART I

The Divine Feminine



Receiving the Divine Feminine



Greetings, beloved ~

I am here. Do not doubt my presence. Doubt is part of your mind. I am here to help free you from your doubting mind.

I have waited two thousand years to come forth, for the turning of the ages when the Divine Feminine can be received, honored, and reinstated in her rightful place as the equal partner and lover of the Divine Masculine. There is much to be done for this to be accomplished, for the Divine Feminine has suffered much repression and denial so that most are afraid of her and no longer know her. I am here to help change that. This is the time for the Feminine to come to the front, to lead in this progression into the new age. It is the time of love and honoring of the Feminine, listening to the Feminine, and allowing the Feminine to lead so that balance may be reestablished and we may become whole.

And what does this mean for all of you? You are in the process of learning to reconnect with, trust, and open to the Feminine within yourself—as your body, your sexuality, your emotions. You are learning to surrender your thinking to pure presence, to surrender your lower mind to the heart. In doing this, the veils surrounding your sacred mind can be lifted, and the marriage of the sacred heart and sacred mind can occur. You are to celebrate that marriage through

the ongoing joy of bringing the light into your body, merging it with love, and sending this empowered love-light out into the world.

Many of you have become alienated from the Feminine within yourself. You've become afraid and cut off from your body and your emotions and your sexuality and your feeling heart. It will take practice and engagement of these sacred parts of yourself to reopen to these pathways of the Divine within you.

It is not enough to think about this change. It is not enough to gather knowledge. You are tending to be unbalanced with your collecting knowledge about the world, yourself, and what is happening. It can be helpful to understand, but that will not make a difference if it is not balanced with practice and action. It is like raising a child. If you are a parent and are raising a child, it can be helpful to read books, go to classes, and talk with others about raising children. But if that is all you do, you will not serve the children. Most important is what you actually do with the children that will make a difference for them, your engagement with them every day.

Right now, you are in a grand process of transformation and growth, and you are the parent to yourself. The most important thing is your engagement, your practice with yourself on a daily basis. The Feminine parts of yourself have suffered and are shut down, atrophied, from not being embraced and engaged for so long. So now it will take practice and engagement to change that.

There are some who understand this, who have engaged this practice themselves, and who can help you to learn these practices. This one who channels this message is such a one. Now is the time to learn these practices and engage them continually. It will take time, but such a short time compared to the eons of time that these parts of you have been shut down.

Your body is beautiful. Your sexuality is sacred. Your emotions are pathways to God. Your presence is a blessed gift. Your open

heart is the most powerful vessel of transformation, of receiving divine light and empowering it with love. Understand this, but do not stop there. Learn the practices for receiving and transmitting love-light through all these channels, and practice this until it becomes a dance, a joy, a beautiful part of who you are and what you bring to all.

I love you most dearly. I champion your transformation, and through that the transformation of your world.

*In love and light,
I AM Mary Magdalene*



This was the first transmission I received from Mary. I had just begun meditating when I felt a distinct, tangible presence near me. The presence seemed especially strong around my throat, where I clearly sensed a blockage of energy. I focused my intention on releasing whatever obstructions were keeping me from opening my throat center and allowing the energy to come through. Suddenly the voice of Mary Magdalene began to speak through me, and she gave the entire message, exactly as it is written above.

After receiving her communication, I rested for a moment, glowing with the wonder and beauty of what I'd been given. My sense of peace was short-lived, however, as a disturbing thought arose in my consciousness: I probably wouldn't remember most of what she'd said! Without hesitating, I asked Mary to give me the message again while I typed it into my computer. And she did just that, repeating word for word exactly what she'd expressed the first time. If I had any remaining doubt that she had actually communicated with me, this second round of transmission totally dispelled my disbelief.

By the time she had finished, I felt infused with Mary's energy and was in a transformed state. I felt blissful, yet balanced and calm: my body was rested, my heart wide open, and my mind clear and energized. I was thrilled to have received this exquisite, powerful message. And I was amazed at her brilliance, not only in terms of the quality of her ideas but also the way she delivered her entire message in perfect form. I simply recorded her words without changing anything, and suddenly I became the custodian of impeccable insight and wisdom.

At a deeper level, I was struck by the love and compassion flowing through her words. These qualities proved to be a hallmark of all her messages: Mary didn't shy away from speaking directly about any topic, yet she voiced her ideas with kindness and care—as though shining the light of love on areas of darkness or shadow. I was amazed at the way she could address complex topics with grace and economy while still packing an enormous depth of meaning into each sentence. I came to see her style as characteristic of the way a higher-dimensional being thinks and communicates.

Mary began this communication by saying that doubt is part of our mind and that she is here to free us from it. It seems that living with chronic levels of doubt is an effect of separation from the Divine Feminine. When our minds are disconnected from the rest of ourselves—from our bodies, our sexuality, and our emotions (which Mary describes as the Feminine parts of our being)—one result is habitual doubt. I believe she wants to free us from our doubting minds through reuniting us with the Divine Feminine.

Because I have a strong tendency to doubt myself, Mary's opening statement about doubt felt personal to me. I was immediately confronted with my doubt: Was she actually communicating with me? Or was I just fabricating this whole thing? Was I evolved enough

as a spiritual being to be receiving a message from Mary Magdalene? And why would she choose me?

However, as soon as she had connected with me and my feelings of doubt, she moved on to a universal message, which I sensed was what she really wanted to speak about. It was as though she was speaking to me and through me—addressing everyone who experiences doubt in any form, since the roots of doubt reside in our divorce from the Feminine parts of ourselves.

After her initial references to doubt, Mary began speaking directly about the Divine Feminine, saying she's waited two thousand years—since Yeshua's life—to bring this message. The Divine Feminine has been suppressed and denied to the point that most of us fear the Feminine and are alienated from that part of life. But now, with the “turning of the ages,” the Divine Feminine is stepping forth to lead us into a new age. We are being called to love, honor, and listen to the Feminine, allowing her to lead us back into balance.

I understand the “turning of the ages” as a reference to a number of things: the transition out of the astrological age of Pisces into the age of Aquarius; the galactic alignment in 2012, which will usher in a new age of unity consciousness; and the predictions that we are on the brink of entering a new epoch in human history, which indigenous peoples sometimes refer to as the fifth world. Mary tells us that this new era is a time when the Divine Feminine can be reinstated in her rightful place as the equal partner and lover of the Divine Masculine.

Mary's emphasis on creating a foundation of understanding about the Divine Feminine was evident in her tone of calm urgency. I realized that she wants people to understand that right now is a very special time, a time that is significantly different from times past. Through her inspiring, galvanizing words I understood that she is here as an emissary of the Divine Feminine to help guide us into a

new chapter in our evolution. As she clearly proclaims, the time has finally come: the Divine Feminine can now take her seat alongside the Divine Masculine. That she has been waiting two thousand years to do so is quite remarkable to me. And her reference to the Divine Feminine as partner to the Divine Masculine strongly evokes her connection with Yeshua, opening a door in my heart of great tenderness and vulnerability as I am reminded of the love bond between them that's at the core of her revelations.

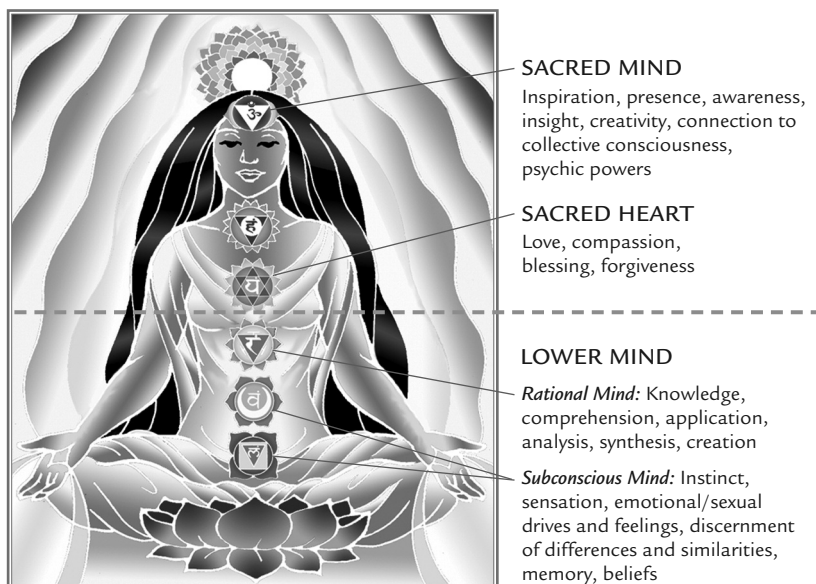
Every time I return to this first message, I'm struck by Mary's power as she calls for this change. Yet, her call does not in any sense indicate a desire for the Divine Feminine to take precedence over the Divine Masculine. She's inviting us to equality, partnership, and ultimately to a union of the two. The Divine Masculine has been deprived of his partner for a very long time, and at last the partnership with her can be reestablished. This union isn't just "out there" somewhere, outside of us. Mary emphasizes that this same partnership lives within each of us. Thus, she's simultaneously calling us to partnership in the external world and to our wholeness as individually manifest beings.

Mary devotes the rest of the message to showing what reconnecting with the Divine Feminine will mean. She begins by making a distinction between our lower mind and our sacred mind.

The lower mind is the part of the mind that generates our usual, everyday thinking. It has two parts: the subconscious and the rational. The subconscious mind is the domain of instinct, sensory information, emotional-sexual drives and feelings, discernment of differences and similarities, memory, and beliefs. The rational mind retains and recalls information; comprehends; applies learned material to new situations; analyzes experience to gain understanding; combines concepts to form new ideas; and creates, which involves drawing on all of the other rational functions and also incorporating

value judgments to produce something new. The rational mind generates many of the mental processes we associate with thinking, such as forming conclusions, generalizing, projecting from one situation to another, decision making, problem solving, thinking about the future, and learning from our experience.

Figure 1-1. SACRED MIND AND HEART—LOWER MIND



Obviously, the functions of our lower mind are essential; it's when they start to overrule the heart that they become problematic. To say this in a more positive way, Mary is urging us to use our thinking mind in service to our feeling heart. What is our feeling heart? I regard *feelings* as including both our emotions and our visceral sensations, and the heart as the center of our Feminine manifestation of Divinity, expressing the qualities of love, compassion, forgiveness, and blessing. Thus, the feeling heart integrates our feeling capacity as incarnate beings with the Feminine aspect of our God-nature.

I observe two common tendencies relative to feelings and the heart. One is to be connected to emotions and sensory input but less connected to the heart qualities of love, compassion, forgiveness, and blessing. People who have this tendency are sometimes perceived as overly dramatic. The opposite inclination is to be connected to the heart qualities of love, compassion, blessing, and forgiveness but not as connected to the emotions and the senses. People with this tendency may be viewed as “airy-fairy.” Mary shows us how to integrate these partial ways of relating to our experience. As in so many instances, she directs us to balance through union—in this case, the union of feelings and the heart.

Mary recommends that we allow the feeling heart and lower mind to work together, with the feeling heart taking precedence. You might picture the lower mind as a team of loyal advisors to a leader. Each counselor provides valuable input from a particular focus, which may represent a narrow point of view. The feeling heart is the head of state that integrates all these perspectives with wisdom and then sets the course of action for all.

We often reverse this process and allow the lower mind to rule the heart. For a simple example, many people, when asked whether they would like something to eat, habitually respond by checking to see what time it is. Although we frequently decide when to eat based on the time of day, we’re really designed to feed ourselves when we *feel hungry* as opposed to when our rational minds tell us that it’s time to refuel. (Of course, there are exceptions, such as certain medical conditions that require us to eat even if we’re not hungry, but I’m sure you get the idea.) Eating by the clock can lead to problems such as overeating, since we don’t necessarily need food just because we tell ourselves it’s “time to eat.” Perhaps even more significant, it can contribute to a sense of disconnection from the natural world, in which we relate to our bodies as machines that

regularly get serviced. The feeling heart, on the other hand, experiences the body's natural rhythms and cycles, its internal communication of appetite, and the pleasure of eating when we're truly hungry, and it trusts that we will be guided to well-being through listening to our bodies.

In addition to aligning our rational mind with our feeling heart, Mary says we need to develop the ability to surrender our thinking to pure presence, which is one of the functions of our sacred, or higher, mind. When we meditate, we connect to pure presence, experiencing it as a state of stillness, peace, tranquility, spaciousness, and timelessness, in which we're totally present to what *is*. You might think of it as the presence of God.

The sacred mind is the seat of the Divine Masculine within individually manifest beings and is most often associated with the pineal gland in the center of the head. Its other functions include inspiration, awareness, insight, creativity, connection to the collective consciousness, and psychic powers.

To summarize, Mary is advocating two things in her first message: that we use our lower minds in service to our feeling heart and that we develop the ability to surrender our thinking to pure presence.

Mary goes on to say that when we have accomplished these two things, the veils surrounding the sacred mind can be lifted, allowing the marriage of the sacred heart and sacred mind to occur. I find this depiction exceedingly beautiful and inspiring. I picture a bride, lifting her veil to meet the eyes of her beloved. I believe Mary intended this as a literal description of a real process. I hear her telling us that veils cover the sacred mind, which is why we don't automatically know or experience it. It's also why we need to engage in spiritual practices if we want to grow and change: it takes intention and practice to lift these veils.

Many teachings explain how to quiet our minds and surrender to pure presence through meditation, but Mary focuses on a less-discussed practice: strengthening the feeling heart through opening to the Feminine parts of ourselves. This strengthening will allow a natural rebalancing to occur, in which the lower mind can calm down and function in service to the heart. And she gives us a glimpse of where these capacities will lead us, saying that the veils will lift and a marriage will occur between our inner Masculine (through the sacred mind) and our inner Feminine (through the sacred heart).

One of my spiritual teachers, Adi Da, particularly exemplified this internal sacred marriage of the Masculine and Feminine. Those who heard him were riveted by his delightful wit and penetrating insights. Yet, what stood out even more was the force of love and blessing that I and so many others felt in his presence. People regularly fell into sobs of joy and gratitude in response to the opening of the heart they experienced through their contact with him. I've heard similar descriptions from many people who've interacted with an advanced spiritual being.

When the sacred heart and sacred mind are in union, Mary instructs us to bring light into our bodies, merge it with love, and send the empowered love-light out into the world. I believe she's referring to both a state and an ongoing process of merging light and love within us and then radiating it out into the world. Mary calls the receiving and transmission of love-light in this way "a celebration of ongoing joy." Clearly, it is also a powerful vehicle for transforming us and our world.

A simple version of the inner union of light and love involves drawing unconditional love up into the lower chakras and the heart. This is the love of the Divine Feminine, which we may visualize as emanating from the earth. We draw this love up through the soles of our feet or the base of our spine and into the heart.

Once this is established, we continue drawing love into the heart as we begin to draw Creator-Light down into our sacred mind and heart. This is the light of the Divine Masculine, which we can visualize as coming from the sun, the heavens, or the great central sun of the universe. The light enters through the crown of the head, which is the gateway to our higher self, to the higher dimensions, and ultimately to the Supreme Creator. From there, we draw the light down into the sacred mind and then into the heart, where it merges with the love.

In that merging, love-light becomes activated and empowered so that it can be sent out to the rest of our body and the world. You can coordinate this process with the breath, drawing love and light into the heart with the inhalation, merging the two, and then, with the exhalation, sending out activated love-light.

Mary closes her message by reminding us that thinking alone is not sufficient for us to progress and evolve. Practice and engagement are required. Her admonition points to another symptom of imbalance between the Masculine and Feminine—the tendency to focus on thinking rather than on applying our body and energy toward what we desire.

Mary repeatedly observes that we have ignored the building blocks that form the foundation of our inner Divine Feminine and support our feeling heart. In other words, we have ignored our bodies, our sexuality, and our feelings. She calls us to value, love, and fully incarnate these parts of ourselves so that we can come into balance with the Masculine. Reestablishing this balance provides a necessary platform for our spiritual growth, freedom, and happiness, and she tells us very specifically how to do it.

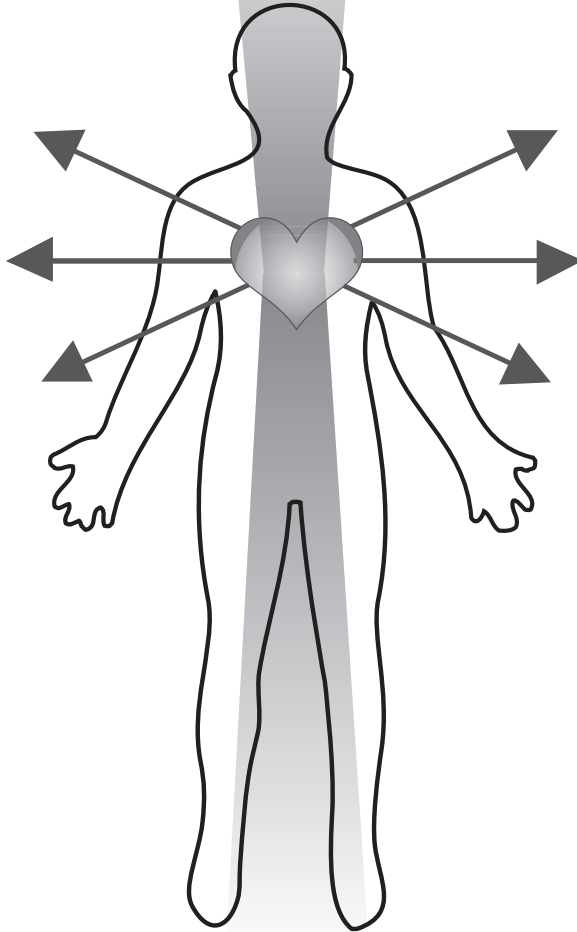
In all of Mary's communications, I felt her beckoning to me and to all people to take in her ideas and let them transform us. Not only that, I strongly felt her blessing everyone to *experience* a taste of her

Figure 1-2. BREATHING LOVE AND LIGHT

L I G H T

On inhaled breath, draw in love and light.

On exhaled breath, send out love-light.



L O V E

reality. As I received these communications, I was drawn into the magnificence of her vision:

Your body is beautiful. Your sexuality is sacred. Your emotions are pathways to God. Your presence is a blessed gift. Your open heart is the most powerful vessel of transformation, of receiving divine light and empowering it with love. . . . Learn the practices for receiving and transmitting love-light through all these channels, and practice this until it becomes a dance, a joy, a beautiful part of who you are and what you bring to all.

Mary's words ignited my desire to realize the state she describes and filled me with confidence that it is fully within my reach. I felt her laying out the path before me so I can walk from where I am now to the beauty of which she speaks. This awe-inspiring gift is one that is still alive inside me and is renewed each time I read her communications. For this, I feel tremendous gratitude and excitement. My sincere hope is that by sharing these messages with you, along with my understandings and experiences, you, too, will be drawn into Mary's world of divine union. So may it be!